SOPHIA TZOUGROS

AEA NY Local Hire stzougros@gmail.com sophiatzougros.com

Mezzo/Belter (D3-C6)

Theatre

THE HYPOCHONDRIAC

A MIDSUMMER NIGHT'S DREAM

Titania/Theseus

NYU Grad Acting / dir. Mark Brokaw

NYU Grad Acting / dir. Mark Wing-Davey

NYU Grad Acting / dir. Colette Robert

YERMA

Helen

NYU Grad Acting / dir. Katherine Wilkinson

EN DOMSTOL/ EN ANDERSSON Prosecutor NYU Grad Acting / dir. Mark Wing-Davey & Jim Calder

THE HOUSE OF BLUE LEAVES

Bunny

NYU Grad Acting / dir. Graham Schmidt

THE WINTER'S TALE

Hermione/Shepherd

NYU Grad Acting / dir. Jane Fujita

SWEAT Jessie NYU Grad Acting / dir. Lisa Benavides-Nelson THE ENSEMBLE PROJECT Company NYU Grad Acting / dir. Stevie Walker-Webb HOME SWEET HOMELAND Tess, Guard Amas Theatre / dir. Lynne Taylor-Corbett SATURDAY NIGHT FEVER Annette Mac-Haydn Theatre / dir. John Saunders **SWEENEY TODD** Ensemble (u/s Lovett) Mac-Haydn Theatre / dir. John Saunders Mac-Haydn Theatre / dir. Bryan Knowlton JOSEPH...DREAMCOAT Wife (u/s Narrator)

ANYTHING GOES Reno Sweeney Wagner College/ dir. Michele Pawk
NINE Luisa Contini Wagner College/ dir. Gregg Wiggans
HAIR Sheila Wagner College/ dir. Darren Lee

Concerts/Readings

NHSMTA JIMMY AWARDS Finalist Minskoff Theatre / dir. Van Kaplan

NINE Ensemble Transport Theatre Group / dir. Jack Cummings III

TWO BY TWO (50th Anniversary) Rachel dir. Walter Willison IMPOSSIBLY GEORGE (Reading) Emma (Various) dir. Walter Willison

STAGE DOOR (Reading) Mattie NYU Grad Acting / dir. Laurence Maslon

Training:

MFA, NYU Tisch Graduate Acting Class of 2024

Acting: Janet Zarish, Richard Feldman, Brandon J. Dirden, Scott Illingworth, Steven Skybell, Mark Wing-Davey, Joanna Merlin, Carl Coffield

Voice/Speech: Scott Miller, Shane Ann Younts, Deb Lapidus, T. Oliver Reid, Liam Joynt, Jane Fujita, Cherie Rice

Movement: Jim Calder, Fay Simpson, Kevin Isola, Kim Jessor, Vince Augustinovich, Michael Raine, Annie Piper, J. Steven White

BA, Wagner College

Acting: Michele Pawk, Theresa McCarthy, Brian Sgambati, Amy Beth Williams, Marina Caldarone **Dance:** Rusty Curcio, Mary Six Rupert, Elena Gutierrez, John Scacchetti (Ballet, Tap, Jazz/Theatre)

Voice: Wendy Bobbitt-Cavett, Alan Dornak, David Sisco

On-Camera: Welker White, Gameela Wright, Jessica Blank, Brette Goldstein, Jason Buyer, Ted Sluberski

Workshops: Adam Guettel, Michael John LaChiusa, The Growing Studio London Exchange, Rock the Audition with Sheri Sanders

Special Skills

Singing (Musical Theatre, Pop/Rock, Jazz, Choral) Basic Guitar, Piano & Ukulele, Music Direction, Dance (10 yrs of Ballet/Tap/Jazz) UCB Improv, Dialects (RP, New York, Irish, French, Italian, French, Southern, Greek) Stage Combat (Hand to Hand), Painting, Cooking and Baking, Biking, Kayaking, Swimming, Tennis, Yoga, Valid Driver's License, Passport